



The Sermon on the Mount
Segment 6: Fasting and Treasures
Matthew 6:14-24

- Forgiveness (Matthew 6:14-15)
 - Ephesians 4:32
 - Colossians 3:13

- Fasting (Matthew 6:16-18)
 - Piety in Secret
 - Give – Matthew 6:1-4
 - Pray – Matthew 6:5-6
 - Fast – Matthew 6:16-18
 - Why Fast?
 - Jesus Modeled It – Matthew 4:1-2
 - Spiritual Discipline
 - How to Fast?
 - Maintain Regular Appearance – Isaiah 58:5
 - Make a Difference – Isaiah 58:6-7
 - Healthy vs Unhealthy Fasting

- Treasures (Matthew 6:19-24)
 - Three Statements:
 - Heavenly and Earthly Treasures – Matthew 6:19-21
 - The Eyes are a Lamp – Matthew 6:22-23
 - No Divided Loyalty – Matthew 6:24
 - Getting Our Priorities Straight





Study/Discussion Questions:

1. Why is it so critical that we forgive others who have sinned against us?
2. What are some good reasons to fast?
3. Have you ever fasted for spiritual purposes? What was the experience like for you?
4. How do we differentiate between heavenly and earthly treasures?
5. What earthly treasures are your greatest temptation? Why? How can we move toward greater heavenly treasures?
6. What does it mean that our eyes are the window to our soul? How can we better focus on that which is God honoring?
7. Is money evil? What does it look like for money to be for good and not evil?

