



## Table Group Experience

May 31, 2020

### Mixer

Share 1 truth and 1 lie with your group. Let the group choose what they believe is the lie.

### Discuss/Reflect

In this week's episode of *As Normal As Weird Can Be*, Pastor Jared & Mike Foster talked about understanding codependency.

1. Do you find yourself desiring feedback in one way or another from people around you?
2. What is one way you find yourself doing the exhausting work of others?
3. "You are the beloved." Speak over yourself, "I am the loved son/daughter of the perfect father."

### Sermon Questions

1. Before David slayed Goliath, he was faced with lions and bears. Thinking back, how did God prepare you, or the world in general, with lions and bears in advance of Covid?
2. In Luke 16:10, we are reminded that when God trusts us with very little, we can be trusted with more. Share a time you thought God trusted you with too much, but it turned out to be okay.
3. Share a time God was preparing you through your pain?

### Go Deeper

Read 2 Peter 1:3-8

This past week I was hiking Monserate Mountain. If you have ever hiked this particular trail, you know how absolutely miserable it is. That was my mindset almost the entire way up. I was hot and sweaty and just about every 10 steps I took I was questioning how much further we had to go.

Somewhere between halfway and a long way, God spoke over me: "It'll be worth it." 2 Peter 1:3-4 reminds us of God's promises as He has given us all that we need. Peter goes on to encourage us to add to our faith to stay effective and productive in our knowledge of Jesus.

After making it up what felt like Mt. Everest, I was absolutely blown away by what my eyes were seeing. We often go through life running or looking to what is next. We know God never promised it would be easy, but we often forget to look around us at God's goodness when we are on the uphill hike. When we add knowledge, self-control, and perseverance to our faith we become more effective followers of Christ (2 Peter 1:5-8). (Jaden Duncan)

### Suggestions to Serve

Good Neighbor Drop-N-Drive | The Church at RB | Thursday 10AM-2PM

Good Neighbor Day | The Church at RB | June 18 8AM-3PM | Sign up online

### Pray

Popcorn pray as a group.

