



Table Group Weekly Experience

October 24, 2021

Mixer

What was a childhood fear you had, and what comforted you?

Neighborly - Daily Devotional

To get the Daily Devotionals delivered to you every morning, text 'dailydevotional' to 97000.

1. In Pastor Harry's 10/22/21 entry, *Ego*, he talks about how our inner discontent can subconsciously create a false image of God. But Jesus gives us the clear view of who God is. Who is He, and who isn't He?
2. In Pastor Pam's 10/23/21 entry, *For Better or Worse*, she reminds us "a life following Jesus is a life as sacrifice, if we model what He taught us!" What are those things and are they worth fighting for? How do we stick with our sacrifices when we understand how God wants to use them?

Sermon Notes

Guest Speaker - Megan Fate Marshman

Scriptures: Jeremiah 29:11-14; Genesis 1:1, 26, 28, 32; Genesis 2:18; Genesis 3:9-11

1. What impacted or challenged you in today's message?
2. When disappointments come up as you live out your faith, how do you process them and respond? How are God's promises much better to base our expectations on and allow them to shape your faith?
3. How does understanding God's original blessing upon you from Genesis 1-2, (creation-everything is good) help you move past the Genesis 3 (took a bite of the apple) moments in your life? As a group, talk through these questions together:
 - What is true of God? (Genesis 3:9-11)
 - Why do you hide from God?
 - How does this point to the Gospel?
 - Prayer: Ask for the Holy Spirit to guide your response.

4. How does the metaphorical ladder to God relate to the Gospel? How does knowing this clear the way for your faith to grow and strengthen?
5. What could our marriages, raising kids, work life, friendships, and church experiences look like if we really knew one another - and know how to love one another? What can you do with these two takeaways:
 - Be willing to really share your life - not just hide behind "I'm good."
 - Be willing to really listen - not just listen for your turn to talk.
6. Megan challenged us not to wait to feel blessed to bless others. Who in your life needs your words to bring blessing into their life?

Go Deeper - with Goodbook

Dr. Mark Strauss & Pastor Ken Ingold

Sermon on the Mount | Session 7 | Worry and Anxiety (Matthew 6:25-34)

1. How does worry differ from Anxiety Disorders and Depression?
2. What are the effects of worry?
3. What does worry and anxiety say about us relative to Matthew 6:21?
4. According to Philippians 4:6-7, what are we to do instead of worrying? What does it mean "with thanksgiving?" What does God do in return?
5. Discuss the 5 reasons to not worry. Which one(s) resonate most with you? Which one needs the most work in your life?
6. Is it okay to worry about some things in life? Why or why not? Can we completely eliminate worry and anxiety from our life?
7. How can planning for the future be time well-spent, while worrying can be a waste of time? What are the cautions we need to be aware of when planning for the future?

For the Zoom link to join the Tuesday Night 7:30pm online Q & A sessions: ken@thechurchrb.org

Serve

Serve Day is Saturday, November 20th! Sign-ups are now available online and in-person on Sundays!

Pray

Pray over this week's Trunk or Treat Family Event on Friday, Oct 29th. Pray that God will be glorified, that people will feel loved by Him and us, that families will feel connection, and that safety and fun will prevail in The Church at RB's parking lot!