



Table Group Weekly Experience

October 25, 2020

Mixer

What cartoon or movie character were you most scared of as a child?

'Neighborly' - Daily Devotional

1. In Pastor Ken's Wednesday 10/21 entry, *Sometimes He Calms the Storm*, we are reminded of the reality of how oftentimes Jesus *calms His child in the midst of the storm* instead. Why would He do it that way? Where has He done it in your life?

'Strongest You' - Mike Foster

1. In Episode 4 (10.22.20), Mike lists the *4 Dangerous Thinking Traps*. Give examples of what a thought might sound like in each of the 4 categories. Which category best describes where you hang out the most?
2. In the first category "My thoughts are reality", what kind of negative thoughts do you have about yourself that you are convinced are true? What are their effects on you? Where did those thoughts come from? And how could Mike's *2 Questions to Ask* help turn those thoughts around?

'Forever You' Sermon - Jared Herd

Scripture: Galatians 5:22-23; Romans 12:17-19; James 5:7-8, 10-11; 1 Peter 3:18-20

1. Pastor Jared gave a definition out of Webster's Dictionary regarding patience. What is patience really about? He referenced Garret Keizer's book, *The Enigma of Anger*, and the 3 reasons [boiling point anger issues] why he wrote the book. Discuss Keizer's points and what damage each one causes.

2. One kind of patience the Apostle Paul talks about in Romans 12:17-1 is the Greek word "Makrothumia." Pastor Jared said that as Christians, we don't enter into situations of conflict, arguments, responding to hurt... like other people do. The Apostle Paul tells us to "leave room for God's wrath." What is it that we struggle to understand about our role and God's role in our world? If patience is important to Him, why should it also be important to us?
3. The Apostle Paul gives us another Greek word "Hupomone" in James 5:7-8 to illustrate a different kind of patience. Pastor Jared asked us this question: Where have you lost hope that God is bringing the spring rains to your life? What are you understanding about God and how He works in circumstances and by His timing?

Live It Out

Why, if God is a God of Justice, is He incredibly patient with you? In the Bible, when God's justice was dispensed, what always preceded it, and why?

Remember where God held back His justice and was merciful to you throughout your life. What is one hurt, dislike or disappointment that you will commit to let go of by extending mercy to that person? What changes, and how will you make this stick?

Find a way this week to use the principles of the agricultural metaphor in James 5:7-8 to bring hope to a hurting friend this week. Share what happens with your group.

Serve

Serve Day is Saturday, November 14. We've added some more jobs for all ages in the various locations: Church Campus, Kit Carson Park, Escondido City Hall, and other partner organizations. Sign up at thechurchrb.org or in the app. Pick up your *Serve Day* T-shirt on Sundays at Church in the Park.

After serving, join us back in The Church at RB parking lot for live music, shave ice, & tacos!

Pray

Pray over our Trunk or Treat family nights this week, Thursday and Friday. Pray for meaningful connection time while practicing all of the good health safety protocols!