



Table Group Weekly Experience

October 9, 2022

Mixer

What always remains FUN no matter how old you are?

Neighborly - Daily Devotional

To get the Daily Devotionals delivered to you every morning, text 'dailydevotional' to 97000.

1. In the 10/4/22 entry, *Software Updates Are Important*, DJ Brennan reminds us of the importance of "updating" our faith life. We are like our phones; we need to be *connected to a source that has information that needs to override the current information on* [our minds]. How does this relate to Romans 12:2? What needs to be overridden in your mind so that your faith can operate optimally?
2. In the 10/7/22 entry, *What Is A Daily Devotional?*, Pastor Sean said that *daily devotional time is not about what you can do, but more about what God can do*. What have you noticed happening in your spirit as you move from just doing a devotional to really allowing God to move in you? What has God done for your faith? How does it benefit your interaction with the world around you?

Sermon Notes

Go First: Spiritual Depth - Pastor Jared Herd

Scriptures: Psalm 23; John 20:9-11

Quotes by Kosuke Koyama (Three Mile An Hour God) and Parker Palmer (Let Your Life Speak) are located in the CRB App under message notes.

1. What impacted or challenged you in today's message about Spiritual Depth?
2. Author Kosuke Koyama tells us that our God walks with us and talks with us at a leisurely human pace. In the Garden, Adam and Eve walked with God. Write down what your typical routine looks like from the time you awaken until you leave your house in the morning. How does the rest of your day progress? How do you feel by the end of the day? What is God showing you about your walk with Him, and your walk with others?
3. Pastor Jared drew our attention to the dwindling of spiritual depth in a Godless society - where interactions are transactional. What did he mean by transactional, and what are some ways you might

be transactional in your relationships?

4. How does John 10:9-11 show that Jesus was *not* transactional? How did his going to the cross illustrate that he is "the gate"? Why does his example matter to becoming Go First leaders?
5. In Psalm 23, David writes about the example God sets as a leader. He is 1) personal, 2) present, and 3) preparatory. Describe how Psalm 23 demonstrates each of these. Give examples from your own life of how you see God being personal, present, and preparatory.
6. Author Parker Palmer gives an alternative definition of burnout - trying to give what was never possessed, resulting in a feeling of nothingness. Share a time when you experienced burnout - either giving too much, or giving out of a deficit. How does Psalm 23 provide, not just solace, but instructions for us so we can avoid burning out?
7. Would you like a fresh start this week? Are you willing to Go First by seeking out spiritual depth? What step/s will you take? Pastor Jared provided a framework to help us up-and-coming Go First leaders get started (fill in the blanks): In the ____, engage in ____ prayer and ____ reading of scripture.

Serve

Trunk or Treat is Saturday, Oct 29 this year, 4-6pm. We would LOVE IT if you, or your group, could lend us a hand to make this event a blast! We need people to provide the Trunks - decorate your trunk and pass out candy. Or volunteer with us for set up, run the event, and/or tear down. Follow these QR codes:

VOLUNTEER:



DECORATE CARS:



Pray

Pray Psalm 23 as a personal conversation with God this week, noting how each verse is relevant to you. Here's a start:

You Lord ARE my shepherd! You _____. I honor You!

You've shown me that I lack nothing. You have given me _____ and I am thankful.

I can't seem to slow my pace down, and I'm tired. Lord, lead me to rest in your green pastures and quiet waters. Only there will I find _____.

*My soul needs Your refreshment, Lord.
This [thing] leaves me feeling _____, but with You, I know _____.*

(Now you continue!)