

The Church at Rancho Bernardo Life Group Covenant

This covenant is to be reviewed and signed at the beginning of each quarter by all groups.

Session Dates _____ to _____

Leader(s) _____ Phone # _____

Host(s) _____ Phone # _____

Healthy Life Groups thrive on trust and participation. This covenant will help clarify our goals, expectations and commitments for a successful Life Group experience.

PURPOSE OF LIFE GROUPS

Life Groups exist to promote the development of significant Christian relationships centered around the study of God's Word. (Hebrews 10:24-25 and Romans 8:29)

SHARING: Each week we will take time to share what is happening in our personal lives in order to foster growth in our personal relationships.

STUDY: Each week we will study a portion of God's Word that relates to the previous weekend's message. Our goal is to learn how to apply and live out our Christianity in our day-to-day experiences and relationships.

SUPPORT: Each week we will learn how to take care of one another as Jesus commanded (John 15:9-13). This care will take place in the form of prayer, listening, meeting needs, challenging and encouraging one another as needed.

FIVE MARKS OF HEALTHY LIFE GROUPS

1. Focus on spiritual growth as a top priority (Romans 8:29)
2. Accept one another in love just as Christ accepted us (Romans 15:7)
3. Take care of one another in love without crossing over the line of parenting or taking inappropriate responsibility for solving the problems of others (John 13:34)
4. Treat one another with respect in both speech and action (Ephesians 4:25-52)
5. Keep our commitments to the group – including attending regularly, doing the Action Step, and keeping confidences whenever requested (Psalm 15:1-2, 4b)

GUIDELINES AND COVENANT

1. **DATES** We will meet on _____ nights for _____ weeks.
Our final meeting of this Life Group session will be _____.
2. **TIME** The meeting will begin at _____ (time).
The meeting will end at approximately _____ (time).
3. **CHILDREN** Group members are responsible to arrange childcare for their children.

Nursing newborns are welcome, provided they are not a distraction to the group.

4. **STUDY** Each week we will study the same topic(s) covered in the previous weekend's message.

5. **PRAYER** Each week our group will pray for one another and specific mission requests.

6. **ACTION AND ATTENDANCE** Joining a Life Group requires a commitment to Attend and to do the Action step each week. Obviously, allowances are made for sickness, vacation, work conflicts, and other special events – but not much more! This commitment is key to a healthy group.

Most weeks, the Action will require from 20-30 minutes to adequately prepare for the group study and discussion.

If I/we cannot attend a meeting, we will _____.

7. **REFRESHMENTS**

8. **SOCIAL**

9. **SERVICE PROJECTS**

10. **ALCOHOL** It is CRB policy that there will be no alcoholic beverages served at **any church sponsored event or meeting**. As leaders of The Church at Rancho Bernardo, we believe the Bible does not prohibit the consumption of alcohol in moderation. However, we believe God calls us to restraint in certain situations out of love for God's people.

We agree together in Christ to honor this covenant as a Life Group of CRB.

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

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10. _____

11. _____

12. _____