



WEEK 1

Inside Out

Pastor Jared Herd

July 8 & 9, 2017

STUDY QUESTIONS

1. Why do you think the premise of Pixar's *Inside Out* worked so well for its audiences?

2. Pastor Jared said we often think that God's rules for living are there because He wants to take something from us but the truth is He wants something *for* us. What does God want for us?

What do His rules for living have to do with that?

3. Read Philippians 4:8-9. Take a closer look at each of the eight things we are to set our minds on. What does each one mean to you?

Which one is hardest to focus on?

4. Why do you think peace is the result of training our minds to think on these eight things?

5. Consider this quote by Pastor Jared: “We do the things we do because we think the things we think.” What did he mean?

6. Pastor Jared said there’s often a go-to mindset we automatically head to when we’re unsettled or in the dark about something or thrown into unfamiliar situations. What’s yours?

7. A. W. Tozer said: “What comes into our minds when we think about God is the most important thing about us.” Why is that true?

8. What are some practical ways to help us start thinking differently?

MEMORIZE Philippians 4:8 – “Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.”

CRB CORE VALUE THOUGHT: Pastor Jared said one of the ways we can train our thinking regarding other people is to assume the best possible motivation for the worst possible scenario. This week, take every thought captive when it comes to dealing with other people and assume the best rather than the worst. Monitor your level of peace as you move through the week and share with your life group when you meet next.